

# salad fax order sheet

date: \_\_\_\_\_

contact name: \_\_\_\_\_

contact #: \_\_\_\_\_

company: \_\_\_\_\_

customize your salad by filling in the appropriate boxes. when complete, fax your order to desired pick-up location then call to confirm your order. **for lunchtime orders, please fax your order by 11:30 am and pick up by 11:50 am. we cannot guarantee the completion of orders received after 11:30 am.**

commerce court: t. 416 60 FRESH f. 647 439 6295  
 eaton centre: t. 416 901 2165 f. 647 350 2165  
 yonge street: t. 416 916 4742 f. 647 435 3101  
 king street: t. 416 36 FRESH f. 416 363 KING

## custom salads

1 choose a base    2 small - fill with 4 non-charge toppings    regular - fill with 5 non-charge toppings    large - fill with 7 non-charge toppings    3 finish with a dressing

|                                  |                               |                                  |  |                               |                                   |
|----------------------------------|-------------------------------|----------------------------------|--|-------------------------------|-----------------------------------|
| <input type="checkbox"/> small   | <input type="radio"/> romaine | <input type="radio"/> spring mix | <input type="radio"/> spinach                            | <input type="radio"/> iceberg | <input type="radio"/> house blend |
| <input type="checkbox"/> regular | 1 _____                       | 4 _____                          | 7 _____  | extra charge item _____       |                                   |
| <input type="checkbox"/> large   | 2 _____                       | 5 _____                          | dressing _____   | extra charge item _____       |                                   |
| name 1: _____                    | 3 _____                       | 6 _____                          | toss: <input type="radio"/> yes <input type="radio"/> no | extra charge item _____       |                                   |

|                                  |                               |                                  |  |                               |                                   |
|----------------------------------|-------------------------------|----------------------------------|--|-------------------------------|-----------------------------------|
| <input type="checkbox"/> small   | <input type="radio"/> romaine | <input type="radio"/> spring mix | <input type="radio"/> spinach                            | <input type="radio"/> iceberg | <input type="radio"/> house blend |
| <input type="checkbox"/> regular | 1 _____                       | 4 _____                          | 7 _____  | extra charge item _____       |                                   |
| <input type="checkbox"/> large   | 2 _____                       | 5 _____                          | dressing _____   | extra charge item _____       |                                   |
| name 2: _____                    | 3 _____                       | 6 _____                          | toss: <input type="radio"/> yes <input type="radio"/> no | extra charge item _____       |                                   |

|                                  |                               |                                  |  |                               |                                   |
|----------------------------------|-------------------------------|----------------------------------|--|-------------------------------|-----------------------------------|
| <input type="checkbox"/> small   | <input type="radio"/> romaine | <input type="radio"/> spring mix | <input type="radio"/> spinach                            | <input type="radio"/> iceberg | <input type="radio"/> house blend |
| <input type="checkbox"/> regular | 1 _____                       | 4 _____                          | 7 _____  | extra charge item _____       |                                   |
| <input type="checkbox"/> large   | 2 _____                       | 5 _____                          | dressing _____   | extra charge item _____       |                                   |
| name 3: _____                    | 3 _____                       | 6 _____                          | toss: <input type="radio"/> yes <input type="radio"/> no | extra charge item _____       |                                   |

|                                  |                               |                                  |  |                               |                                   |
|----------------------------------|-------------------------------|----------------------------------|--|-------------------------------|-----------------------------------|
| <input type="checkbox"/> small   | <input type="radio"/> romaine | <input type="radio"/> spring mix | <input type="radio"/> spinach                            | <input type="radio"/> iceberg | <input type="radio"/> house blend |
| <input type="checkbox"/> regular | 1 _____                       | 4 _____                          | 7 _____  | extra charge item _____       |                                   |
| <input type="checkbox"/> large   | 2 _____                       | 5 _____                          | dressing _____   | extra charge item _____       |                                   |
| name 4: _____                    | 3 _____                       | 6 _____                          | toss: <input type="radio"/> yes <input type="radio"/> no | extra charge item _____       |                                   |

|                                  |                               |                                  |  |                               |                                   |
|----------------------------------|-------------------------------|----------------------------------|--|-------------------------------|-----------------------------------|
| <input type="checkbox"/> small   | <input type="radio"/> romaine | <input type="radio"/> spring mix | <input type="radio"/> spinach                            | <input type="radio"/> iceberg | <input type="radio"/> house blend |
| <input type="checkbox"/> regular | 1 _____                       | 4 _____                          | 7 _____  | extra charge item _____       |                                   |
| <input type="checkbox"/> large   | 2 _____                       | 5 _____                          | dressing _____   | extra charge item _____       |                                   |
| name 5: _____                    | 3 _____                       | 6 _____                          | toss: <input type="radio"/> yes <input type="radio"/> no | extra charge item _____       |                                   |

### salad base

romaine    spring mix    baby spinach    iceberg  
 house blend - romaine/spring mix/baby spinach

### non-charge toppings

#### market vegetables

|                 |                             |
|-----------------|-----------------------------|
| beets           | fresh tomato                |
| broccoli        | green peas                  |
| capers          | grilled eggplant            |
| carrots         | kalamata olives (with pits) |
| celery          | kidney beans                |
| cherry tomatoes | mixed fresh peppers         |
| chick peas      | red onion                   |
| cucumber        | roasted corn                |
| fresh mushrooms |                             |

#### fruits, nuts, crunch etc.

|                         |                     |
|-------------------------|---------------------|
| almonds                 | home-style croutons |
| apple                   | mandarin orange     |
| couscous                | pumpkin seeds       |
| crispy oriental noodles | sunflower seeds     |
| dried cranberries       |                     |

#### cheeses & egg

|         |                 |
|---------|-----------------|
| cheddar | soya mozzarella |
| feta    | crumbled egg    |

### premium toppings

#### market vegetables

|                          |                        |
|--------------------------|------------------------|
| avocado +\$1             | protein                |
| portobello mushroom +\$1 | tofu +\$1              |
| sun-dried tomato +\$1    | tuna +\$1              |
| <u>cheeses</u>           | bacon bits +\$1        |
| blue +\$1                | grilled chicken        |
| goat +\$1                | breast +\$1.99         |
| parmesan +\$1            | roasted turkey +\$1.99 |

### gourmet dressings

#### full flavour

caesar  
 caribbean mango  
 mediterranean  
 poppy seed  
 ranch

#### lighter options

asian (light)  
 balsamic vinaigrette  
 herbal vinaigrette  
 honey mustard (fat-free)  
 japanese soy (light)  
 lemon juice (fat-free)  
 raspberry vinaigrette (fat-free)

## classic salads

indicate **number** of each classic salad in appropriate box

|      |                          |                          |                |                          |                          |               |                          |                          |         |                          |                          |      |                          |                          |
|------|--------------------------|--------------------------|----------------|--------------------------|--------------------------|---------------|--------------------------|--------------------------|---------|--------------------------|--------------------------|------|--------------------------|--------------------------|
| cobb | regular                  | large                    | chicken caesar | regular                  | large                    | asian chicken | regular                  | large                    | nicoise | regular                  | large                    | feta | regular                  | large                    |
|      | <input type="checkbox"/> | <input type="checkbox"/> |                | <input type="checkbox"/> | <input type="checkbox"/> |               | <input type="checkbox"/> | <input type="checkbox"/> |         | <input type="checkbox"/> | <input type="checkbox"/> |      | <input type="checkbox"/> | <input type="checkbox"/> |